Assessment as a Counseling Competency

- Principles of Effective Treatment
- Definitions of Assessment
- Assessment Goals and Objectives
- Assessment Related to Core Competencies
- Ongoing Nature of Assessment
- Assessment Stages
- Interpreting Assessment Results
- Assessment Terminology
  - Measurement Scales
  - Instrument Types
  - Statistical Terms

Assessment Tools

- Background Information
  - Importance of Assessment Tools
  - Role of the Counselor in Administering Assessment Tools
  - Professional Standards in Assessment
- Types of Tools
- Appropriate Tool Selection
- Diagnostic and Statistical Manual of Mental Disorders (DSM)

The Tools and Their Administration

- CAGE
- MAST (Michigan Alcohol Screening Test)
- AUDIT (Alcohol Use Disorders Identification Test)
- LOCI (Locus of Control Inventory)
  - Social Learning Theory
- SASSI (Substance Abuse Subtle Screening Inventory)
  - Advantages
  - Versions
  - Scoring
  - Results
- MAYSI-2 (Massachusetts Youth Screening Inventory)
  - Scales
  - Advantages
Assessment Tools (C109)

Course Outline

✓ Research
• ASI (Addiction Severity Index)
  ✓ History
  ✓ ASI Vs. DSM-IV Diagnoses
  ✓ Debate: Is ASI Useful?
• DAST (Drug Abuse Screening Test)
  ✓ Sample
  ✓ Scoring
• SSI-SA (Simple Screening Instrument for Substance Abuse)
  ✓ Interview Form
  ✓ Scoring
  ✓ Observation Checklist
• AUI (Alcohol Use Inventory)
• ADI (Adolescent Diagnostic Interview)

Specialty Assessment Tools

• Gambling - SOGS (South Oaks Gambling Screen)
  ✓ South Oaks Gambling Screen-Revised for Adolescents (SOGS-RA)
• Personality - MMPI (Minnesota Multiphasic Personality Inventory)
  ✓ Purpose
  ✓ Content
  ✓ Results and Interpretation
  ✓ MMPI-2 and MMPI-2-RF
• Nicotine
  ✓ FTND (Fagerström Test for Nicotine Dependence)
  ✓ CAGE
• Depression - BDI (Beck Depression Inventory)
  ✓ Scoring and Interpretation
  ✓ Validity and Reliability
  ✓ BDI-II
• Mental Health - MHSF III (Mental Health Screening Form III)
• Eating Disorders
  ✓ EAT (Eating Attitudes Test)
  ✓ EDE (Eating Disorder Examination)
  ✓ EDI-3 (Eating Disorder Inventory)
Course Closing

- Patient Receptivity
- Oral vs. Self-Reported Questionnaire
- Online Technology and Assessment
  - Guidelines for Online Provision of Mental Health Services
- Multicultural Assessment
  - Asian Immigrants
  - Increasing Cultural Sensitivity in Assessment Tools
- Referrals
- Managing Problems Beyond Substance Abuse
- Resources for professionals