Introduction to Mental Health Services

- Importance of mental health
- Definition of mental illness
- Common types of mental health disorders
  - Anxiety and panic disorders
  - Mood disorders
  - Personality disorders
  - Psychotic or thought disorders
  - Impulse control and addiction disorders
- Mental health compared with mental illness
- Misconceptions about mental illness
- Prevalence and effects of mental illnesses
- What mental health services address
- History of mental health services
  - Institutionalized care
  - Revolution
  - Deinstitutionalization
  - Community-based mental health services
  - New Freedom Commission on Mental Health
- Principles of mental health services
- Learning check

Mental Health Emergency Screening

- Psychiatric emergency screening centers
- Procedures of psychiatric screening centers
- Screening by means of mobile outreach
- Screening results
- Learning check

Mental Health Treatment Options

- Introduction to mental health treatment options
- Inpatient care (hospitalization)
  - Purpose
  - Services
  - Inpatient treatment facilities
    - Short-term care facilities
C305: Mental Health Services

Course Outline

- State and county hospitals
  - Inpatient security considerations
  - Examples of inpatient care
- Partial care/partial hospitalization (day treatment)
  - Purpose
  - Services
  - Example of partial care/partial hospitalization
- Residential services
  - Purpose
  - Services
  - Residential Intensive Support Teams (RIST)
- Outpatient services
  - Purpose
  - Services
- Case studies of mental health treatment options
- Learning check

Delivery Models for Mental Health Outpatient Services

- Introduction to delivery models for outpatient mental health services
- Assertive Community Treatment/Program for Assertive Community Treatment (ACT/PACT)
  - Services
  - Goals
  - Features
  - ACT works: Evidence-based practice
- Integrated Case Management Services (ICMS)
  - Purpose
  - Services
  - Features
  - Goals
- Comparison of ACT and ICMS models
- Impact of outpatient service delivery
- Learning check

Mental Health Outpatient Services Programs

- Introduction to mental health outpatient services programs
- Definition of supported employment
C305: Mental Health Services

Course Outline

- Services
- Goals
- Different “roads” to work
- More needed
- Central to recovery
- Supported employment works

- Jail diversion programs
  - Definition of jail diversion
  - Goals
  - Program entry points
  - Jail diversion and the mentally ill
    - Link between mental illness, homelessness, and jail
    - Issue: Violent mentally ill offenders
  - Benefits of jail diversion
  - Jail diversion works
  - SAMHSA’s GAINS Center

- Supportive housing and living programs
  - Definition of supportive housing
  - Supportive housing example
  - Supportive housing benefits many
  - Supported housing and living program options
    - Residential housing
    - Supportive housing (SH)
    - Residential Intensive Supportive Teams (RIST)
    - Supported living programs (SLP)
    - Projects for Assistance in Transition from Homelessness (PATH)

- Mental health outpatient services programs: Case study
- Learning check

Mental Health Service Care for Co-Occurring Disorder (COD) Clients

- Definition of co-occurring disorders
- Facts about CODs
- COD level of care quadrants
  - Quadrant I
  - Quadrant II
  - Quadrant III
  - Quadrant IV
  - Quadrants of care locus of care
- COD Eligibility Criteria
Course Outline

- Substance abuse criteria
- Substance dependence criteria
- Psychotic disorder criteria
- Mood disorder criteria
- Anxiety disorder criteria

- Co-occurring disorder integrated interventions
  - Definition of integrated interventions
  - Principles of integrated treatment
  - FASST integrated intervention

- COD experts in demand: Supervision important
- Mental health service care for COD clients: Case studies
- Learning check

Protecting Mentally Ill Clients

- Patient rights
  - Introduction
  - Coercion
  - Patient abuse
- Ethics in community healthcare
- Protecting mental health clients
  - Mental Health Parity and Addiction Equity Act
  - Patient Protection and Affordable Care Act (ACA)
- Learning check

Course Closing

- Mental health service issues today
  - Overcrowded mental hospitals
  - ERs: Costly destinations for mentally disturbed patients
  - Veterans, mental illness, and the justice system
- Finding mental health services
- Self-help groups for COD clients
- National mental health support organizations
- Final thoughts
- Resources for professionals
- Bibliography