Introduction to Sociocultural Education

- Cultural Competence
- The Importance of Cultural Competence in Counseling
- What Is Culture?
- Understanding Culture
- Respecting Cultural Differences
- Types of Culture
- Key Terms and Concepts
- Assessment and Cultural Awareness
- Substance Abuse and Culture
- Professional Values

The Culture of Special Populations

- Adolescents
- Gangs
- Seniors
- Women
- Lesbian, Gay, Bisexual, and Transgendered
- The Disabled

Cultural Compositions

- Racial Classifications
- Hispanic/Latino Americans
- African Americans
- American Indians and Alaska Natives (AI/AN)
- Asian Americans and Pacific islanders (AA/PI)

The Acculturation of Major Cultural Groups

- What is Acculturation?
- The Acculturation of Hispanics/Latinos
- The Acculturation of Native Americans
- The Acculturation of Asians and Pacific Islanders
- The Acculturation of African Americans
Barriers That Separate Races and Ethnic Groups

- Barriers
- Effective Communication is Key to Treatment
- Client Activity to Raise Awareness

Course Closing

- Final Thoughts
- Resources for Professionals
- Bibliography