Consultation
Course Outline

Introduction

• Overview
• Definition of Consultation
  ✓ Definition of Consultant
  ✓ Characteristics of Consultation
• Consultation vs. Collaboration
• Consultation vs. Counseling

Benefits of Consultation

• Benefits of Consultation for Addiction Professionals
  ✓ Addiction Professionals and Consultation
• Models of Consultation
  ✓ Stage One: Entry
    ▪ Phase One of Entry Stage
    ▪ Contracting
    ▪ Acceptance by Staff
  ✓ Stage Two: Diagnosis
    ▪ Defining the Problem
  ✓ Stage Three: Implementation
    ▪ Evaluation
  ✓ Stage Four: Disengagement
• Training Workshop Model
  ✓ Example Scenario
• Mental Health Model
  ✓ Example Scenario
• Process Model
  ✓ Example Scenario
• Behavioral Model
  ✓ Example Scenario
• Atheoretical Model
  ✓ Example Scenario: Solution-Focused Model
• Learning Check

Consultation Skills

• Role of Consultants
• Skills for Addiction Professionals
  ✓ Technical Skills
Interpersonal Skills
- Personal and Interpersonal Effectiveness
- Change Agent Skills
- Consulting Skills

Competency Domains
- Client Perspective
- Accountability
- Legal Practice
- Service Provision
- Communication
- Continuing Competence
- Ethical Practice

Internal vs. External Consultants
- Internal Advantages and Disadvantages
- External Advantages and Disadvantages

Learning Check

Ethical, Professional, and Legal Issues

- Ethics and Values
- Steps to Making Ethical Decisions
  - Step 1: State the Problem
  - Step 2: Check the Facts
  - Step 3: Identify Relevant Factors
  - Step 4: Develop a List of Options
  - Step 5: Test the Options.
  - Step 6: Choose What to Do Based on Steps 1–5
  - Resolve This Ethical Dilemma
- Transference and Ethical Implications
  - Case Study
- Countertransference and Ethical Implications
  - Case Study
- Ethics and Values: Competence
- Rights of Clients and Consultees
  - Confidentiality and HIPPA
  - Example Scenario
- Learning Check

Tasks Involved in Seeking Consultation
• Reasons for Consultation
  ✓ Clinical Case Reviews
  ✓ Legal Consultations
  ✓ Medical Consultations
  ✓ Training
  ✓ Service Coordination
  ✓ Clinical Support
  ✓ Crisis Intervention
• Finding Consultants
  ✓ Tasks Involved in Finding Consultants
• Informed Consent
  ✓ Informed Consent Forms
• Documentation
• Learning Check

**Coordinating Services to Enhance Quality of Care**

• Clinical Interventions
  ✓ Cognitive Behavioral Interventions
  ✓ Community Reinforcement
  ✓ Motivational Enhancement Therapy
  ✓ Twelve-Step Facilitation
  ✓ Contingency Management
  ✓ Systems Treatment
  ✓ Pharmacological Therapies
• Reasons for Resistance
  ✓ Philosophical Beliefs and Conflicts
  ✓ Fear of Change
  ✓ Increased Workloads
  ✓ Lack of Skills and Support
• Multidisciplinary Team Approach
  ✓ Effective Team Members
  ✓ Benefits of Multidisciplinary Teams
• Treatment Process of Multidisciplinary Teams
  ✓ Examples of Multidisciplinary Teams
  ✓ Roles of Multidisciplinary Teams
• Teamwork and Shared Decision Making
  ✓ Leadership in Multidisciplinary Teams
  ✓ Decision-Making Models
Consultation
Course Outline

- Democratic Decision Making
- Consensus Decision Making
- Anarchy Decision Making
- Leadership Decision Making
- Case Consultation Models
  - Model #1
  - Model #2
  - Model #3
- Presenting Cases
  - Editing Presentations
  - Beginning of Presentations
  - Body and Conclusion of Presentations
- Continued Assessment and Treatment Planning
  - Benefits of Case Management Consultation
    - Referrals
    - Referral Factors
    - Advocacy
- Learning Check

Clinical Supervision vs. Clinical Consultation

- Definition and Role of Clinical Supervision
- Focus of Clinical Supervision
  - Administrative
  - Clinical
  - Supportive
  - Evaluative
- Clinical Consultation: Definition and Role
  - Similarities
  - Differences

Course Closing

- Final Thoughts
- Resources for Professionals
  - Websites
  - Suggested Readings
  - Bibliography